

PARKINSON'S DISEASE PROGRAM

Our specialized Parkinson's Rehabilitation Program is an interdisciplinary approach for the education, treatment and monitoring of residents with Parkinson's disease (PD) or Parkinson's Plus Syndrome (PPS).



Patients with one of the following diagnoses benefit most from this comprehensive program:

- Parkinson's Disease
- Corticobasal Degeneration
- Multiple System Atrophy

Our Specialized Program

- Develops an interdisciplinary treatment plan based on the Parkinson's Disease stage (Hoehn & Yahr staging system)
- Defines the patient's baseline functional status through a comprehensive assessment by all team members on Parkinson's Disease
- Educates the patient and their family members about Parkinson's
- Develops an interdisciplinary discharge plan based on individual needs

The goal of our program is to increase the patient's ability to perform activities related to self-care, home management, community and work integration, and leisure activities.

Our Rehabilitation Focus:

- Movement Patterns – Tai Chi, Yoga and Dancing (Tango)
- Gait & Functional Mobility Training
- Activities of Daily Living Training
- Balance & Postural Training
- Cognition & Memory
- Swallow – Modification of Diet and Swallow Strategies
- Speech & Communication – Voice Articulation and Volume

Discharge Planning

With medication management that focuses on patient safety in the performance of ADLs, home safety check, as well as patient and caregiver education, the Parkinson's Rehabilitation Program at The Brentwood assures a smooth transition into the activities and daily routines so valued by our patients.



Dr. Diana Apeteurova

Diana Apeteurova, MD, serves as Director of the Movement Disorders Center. She is actively engaged in movement disorders research as the principal investigator for Parkinson's disease and atypical parkinsonism studies. Dr. Apeteurova evaluates and plans treatments for patients with movement disorders who require surgical therapy as well.



The
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